

## Media Aware - High School

An online sexual health education program for high school students, perfect for both remote and in-person learning!

#### What is Media Aware?

*Media Aware* is an innovative sexual health education program for high school students that uses media literacy education to promote sexual and relationship health.

- Web-based
- Meets educational standards
- Medically-accurate
- Developmentally-appropriate
- Comprehensive
- Evidence-based
- Addresses media influence on sexual decision making
- Enhances adolescents' sexual health outcomes
- Helps students think more critically about media
- Can be completed in four class periods

### How do students and teachers use *Media Aware*?

Whether students are in the classroom, learning remotely, or a hybrid of both, *Media Aware* is the perfect solution for a wide range of teaching scenarios.

- Students can take the program on laptop computers or tablets.
- Self-paced lessons provide students the flexibility to complete the program at their own pace.
- A web-based teacher dashboard allows teachers to manage course enrollment, track student progress, view grades, and more.
- A comprehensive online teacher training is available to help teachers create a safe learning environment and answer tricky student questions.

For enhanced coverage of LBGTQ+ topics, check out Media Aware 360, which includes the full high school program as well as in-depth information about sexual orientation, gender identity, and more.

To learn more or purchase *Media Aware – High School visit:* mediaawareprograms.com





Media Aware was evaluated previously in a research study. Here is what was found:

#### After completing Media Aware, students reported that they:

- Enjoyed completing the program on a computer
- Liked the privacy, structure, and interactivity of Media Aware
- Felt less embarrassed with the online format compared to a teacher-led curriculum
- Think it is a good program to learn about sexual health



# The initial evaluation of *Media Aware* found that the program had a number of positive impacts on student health.

After completing *Media Aware*, students were **more** likely to...

- Plan to communicate with parents, medical professionals, and partner before deciding to have sex
- Feel more able and intend to intervene to prevent a potential sexual assault
- Spend more time thinking about media messages

After completing *Media* Aware, students were **less** likely to...

- Be willing to hook-up with someone if they don't want to
- Be willing to engage in unprotected sex (among male students)
- Believe that sex and risky sexual behaviors are common among teens